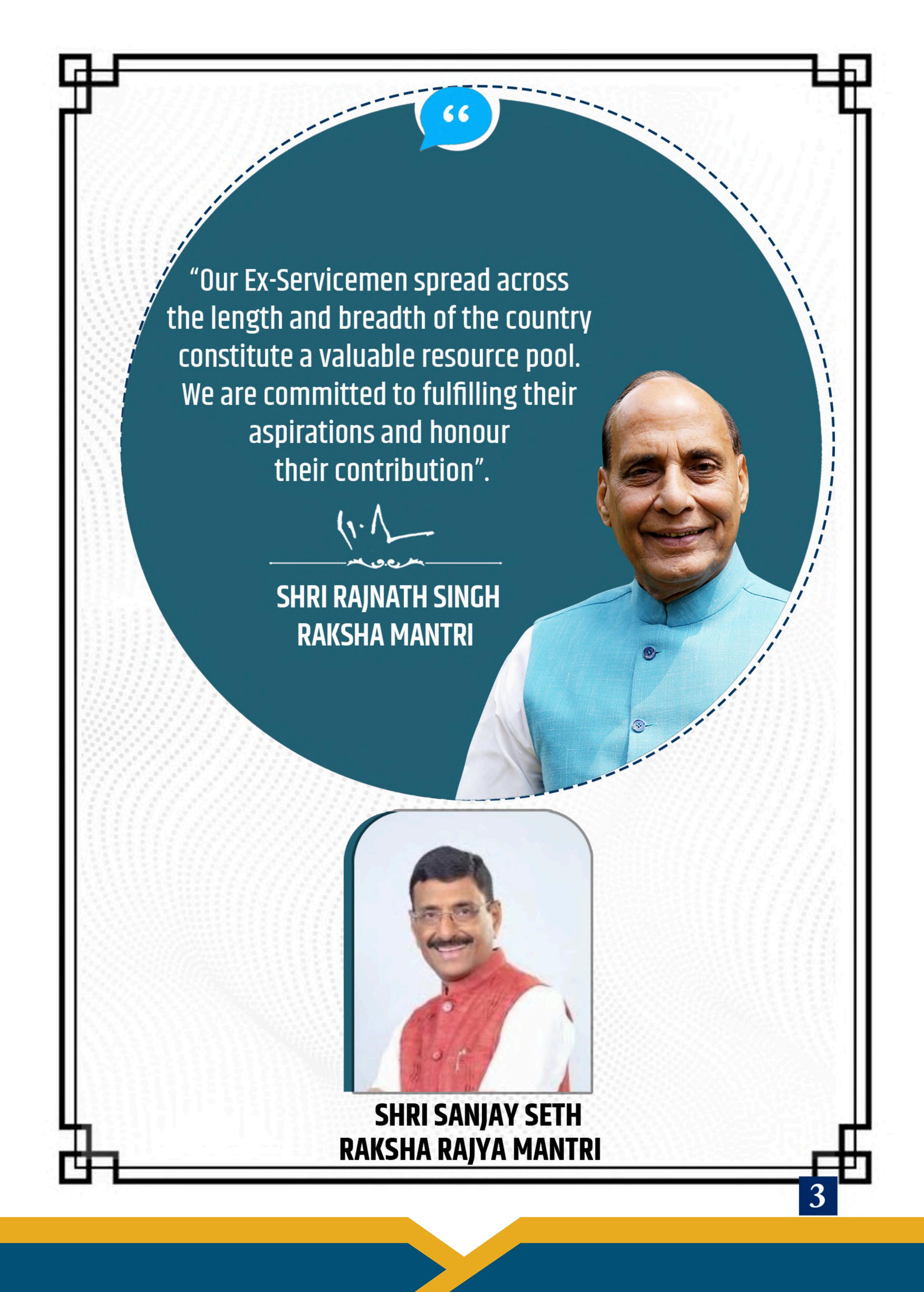




"On Armed Forces Veterans Day, we express gratitude to the brave women and men who dedicated their Lives to safeguarding our nation. Their sacrifices, courage and unwavering commitment to duty are exemplary. Our Veterans are heroes and enduring symbols of patriotism. Ours is a Government that has always worked for the welfare of veterans and we will keep doing so in the times to come."

SHRI NARENDRA MODI PRIME MINISTER

January 14, 2025



DESWINTRODUCTION

PENSIONS

Pension Policy and Regulations
of Armed Forces
Pension disbursement through
CGDA
One Rank One Pension OROP
Scheme

WELFARE

Welfare schemes through
Kendriya Sainik Board
Armed Forces Flag Day Fund
Armed Forces Battle
Casualties Welfare Fund

HEALTH CARE

Cashless and Capless
Medical cover through ExServicemen Contributory
Health Scheme (ECHS)

TRAINING & EMPLOYMENT

Training courses and resettlement opportunities through Directorate General of Resettlement (DGR).

Ex-Servicemen Contributory Health Scheme (ECHS)

ECHS SEMINAR WITH COMMAND HEADQUARTERS / FIELD UNITS

ECHS Seminar. ECHS Seminar, in Hybrid mode, was conducted on 18 Jun 2025 at Central Org ECHS Bhawan in which ECHS related issues were discussed with allHQ Comds, Area/ Sub Area, Stn Cdrs, SEMOs and SEDOs. Lt Gen Ranjeet Singh, DG DC & W chaired the seminar.





GLIMPSES OF ECHS EVENTS

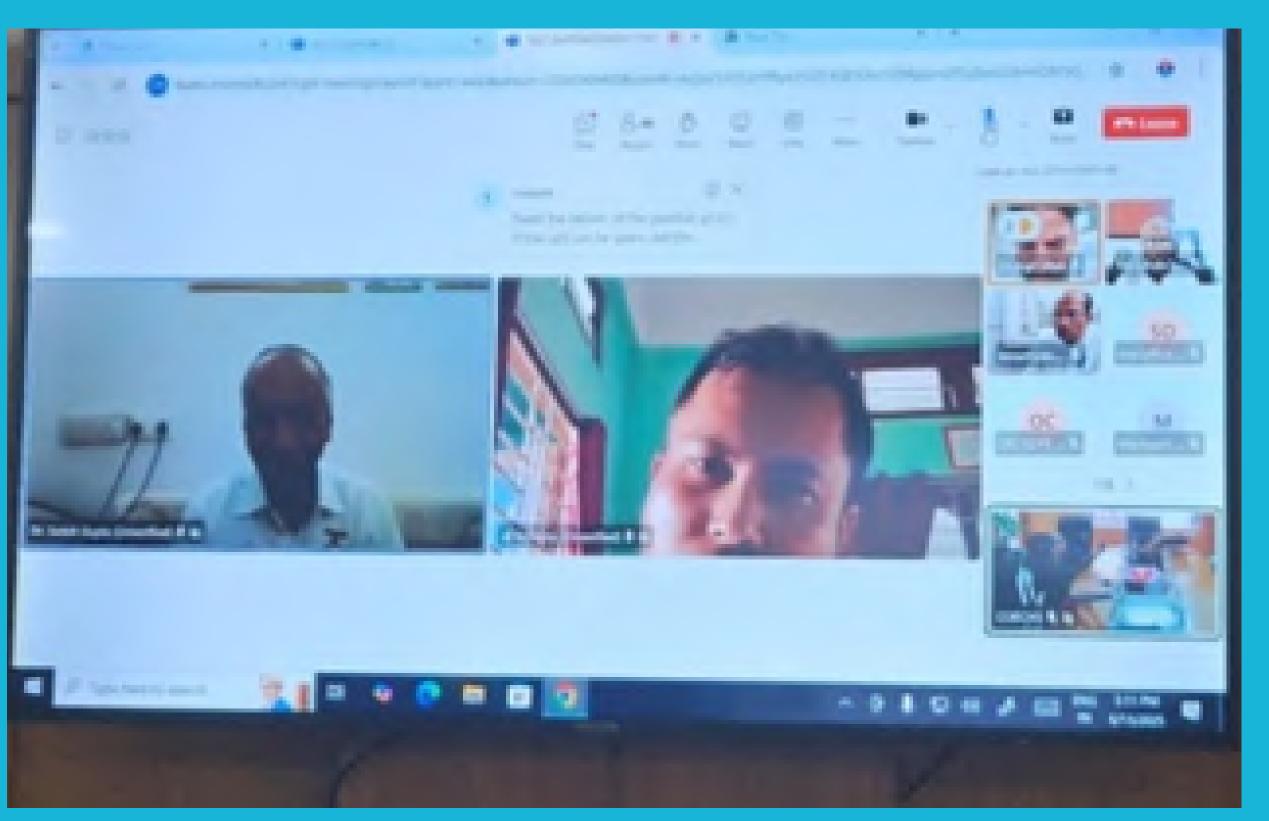
International Yoga Day 2025. On 21 Jun 2025, entire ECHS fraternity observed International Yoga Day with great fervour across the length and breadth of the country. ECHS offices, polyclinics, and regional centres came together to mark the occasion through organized yoga sessions. The collective participation from all corners of the organisation was a testimony to the shared commitment towards physical fitness and mental wellbeing.



Rajyoga Meditation. On 10 Jun 2025, all ranks and contractual staff of CO ECHS, along with representatives from RC 1 and RC 2, actively participated in a guided Rajyoga Meditation session held at Delhi Cantt. The event witnessed enthusiastic attendance and sincere involvement, reflecting the growing awareness and appreciation for mental wellness practices across the organization.



Video Conference on Mental Health. CO ECHS organised Video Conference (VC) for the Health Care Providers of Polyclinics of ECHS, to create awareness about the benefits of meditations as part of preventive care. Dr Satish Kumar Gupta a renowned Cardiologist at JWM Global Hospital & Research Centre Mount Abu addressed the MOs of various polyclinics of ECHS on 13 Jun 2025.



DIRECTORATE GENERAL RESETTLEMENT

DGR Job Fair



Directorate General of Resettlement, Department of Ex-Servicemen Welfare, Ministry of Defence organised a Job Fair for Armed Forces Officers on 20 June 2025 at Manekshaw Centre, Delhi to bring retired/retiring Officers seeking employment opportunities and the Corporate entities on a common platform. The event received an overwhelming response from the Officers from Delhi NCR & nearby regions. 500 plus retired/retiring officers from Army, Navy and Airforce had registered online for seeking employment & turned up for the event. 41 companies registered and 25 participated in the Job Fair physically offering 100 plus Job Vacancies.

The shortlisted Officers would be interviewed/screened and subsequently employed in roles ranging from Mid to Senior management, Administration, Strategic Planning and Project Directors. The event was beneficial for both Corporates and the Veterans. While the veterans got a platform to showcase their technical and administrative prowess acquired during their years in service, the Corporates benefitted by screening the pool of experienced, disciplined and skilled Officers. The Job Fair saw representation from reputed national & multinational Corporate entities.

Dr Niten Chandra, IAS, Secretary, Ex-Servicemen Welfare alongwith Lt Gen Bhavnish Kumar, AVSM, VSM GOC Delhi Area & Maj Gen SBK Singh, SM, DG(R), Directorate General Resettlement addressed the gathering of Officers & Corporate representatives. Mr Ramesh K, Director General, SIDM, addressed the gathering as the Corporate Guest of Honour. Shri Ajay Kumar, Joint Secretary, ESW and Brig DS Basera, VSM, Secy, KSB were also present during the event.

DGR is organizing 18 Job Fairs for Ex-Servicemen (ESM) in various parts of the country during FY 2025-26. The job fairs are organized by DGR to facilitate the ESM to secure employment in Private/ Public sector after retirement as most of them are released from the Armed Forces at a relatively young age. These job fairs effectively bring together the Employers and the prospective employees from the Armed Forces, facilitating employment for the ESM and providing the Industry with a diverse pool of talent renowned for high standards of integrity, efficiency, sincerity and dedication. In the month of July/August five Job Fairs will be conducted for retiring/ retired Armed Forces personnel in Chennai, Ahmedabad, Haldwani, Delhi and Lucknow.

DIRECTORATE GENERAL RESETTLEMENT

International Yoga Day 2025



On the occasion of International Yoga Day 2025, Maj Gen SBK Singh, SM, Director General Resettlement, along with the Principal Director, officers, and staff of DGR, participated in a collective yoga session at the Directorate. The Yoga session was conducted by Ms. Priya Juyal from YoginiMom. Event reflected spirit of unity, discipline, & holistic wellness that yoga represents. It was an opportunity to reinforce importance of mental and physical well-being in our daily lives, especially for those who have dedicated their careers to service of nation.

DGR SECURITY AGENCY SCHEME



During the month of June 2025, DGR issued Empanelment Certificates to 63 Ex-Servicemen (Officers) to run DGR Security Agencies in various States of India and sponsored a total of 4439 Ex-Servicemen Guards to various PSUs from whom requisitions were received on pan-India basis.

SUCCESS STORY

Col Jitendra Beniwal, SM an Infantry Officer superannuated in Feb 2024 after more than three decades of service in Indian Army. He was nominated by Directorate General Resettlement to undergo a six months MBA course at Indian Institute of Management at Ahemdabad. The course helped officer to learn skills vital for a new innings in Corporate .A blend of diverse subjects the course helps the candidate to understand the nuances of modern management technique practised in Industry.

The officer was selected while at undergoing course at IIM and is presently employed with Adani Group. Col Jitendra Beniwal is the Regional Head ,Security with Adani Green Energy Limited. Based at Jaisalmer the officer is responsible for security, intelligence and liaison with State Administration. Responsible for 25 sites with a capacity of 5800 MW the officer has not only embarked on a new career but also effectively contributing to nation building.



Valedictory Ceremony of Dairy, Poultry and Goat Farming Course



Valedictory Ceremony of DGR Sponsored Course in 'Dairy, Poultry and Goat Farming 'was held on 20 Jun 25 at Ramakrishna Mission Ashram, Morabadi, Ranchi. Ceremony was attended by Hon'ble Raksha Rajya Mantri Sh Sanjay Seth, Brig Saumya Banerjee, SM**, ADG, DRZ (East). DGR and Brig Niranjan (retd), Dir RSB. DGR facilitating smooth transition of retiring soldiers, to life after retirement.

DGR Training Courses

During the month of June 2025, DGR successfully completed 05 training courses for officers and 25 training courses for JCOs and ORs. Theses courses provided specialized knowledge and industry-relevant skills. In the same period, for the first time JCO and OR are undergoing course at Indian Institute of Management at Nagpur.



Grievance Redressal Success Stories: Accelerating Justice Through Weekly Review Meetings



The Department of Ex-Servicemen Welfare (DESW) is committed to ensuring timely and accurate pension disbursement and grievance redressal for veterans. A key initiative in this direction is the implementation of Weekly Review Meetings, chaired by Secretary (ESW), focusing on accelerating pension justice and resolving grievances registered on the Centralized Public Grievance Redress and Monitoring System (CPGRAMS).

Government's Commitment and Coordination

These hybrid (physical and virtual) meetings demonstrate the Government's unwavering commitment to the welfare of its veterans. DESW works in close coordination with the Controller General of Defence Accounts (CGDA) and the Principal Controller of Defence Accounts (Pensions), PCDA(Pensions), to streamline processes, identify bottlenecks, and expedite the resolution of pending pension-related issues. The primary focus is on grievances registered via the CPGRAMS portal, ensuring accountability and transparency in the redressal mechanism.

Real-Life Impact: Resolved Grievances and Veteran Feedback

The true measure of any initiative lies in its impact on the lives of those it aims to serve. The Weekly Review Meetings have demonstrably accelerated pension justice for numerous veterans. Here are a few compelling examples of grievances successfully resolved, along with the feedback received from the petitioners:

1. Name: Subedar Major (Hony) Ram Singh

Issue: Delay in revision of pension as per 7th CPC.

Resolution: Pension revised and arrears disbursed within 2 weeks of escalation in the review meeting.

Feedback: "I had been running from pillar to post for months. The intervention of DESW through these meetings was a godsend. I finally received my dues, and I am immensely grateful."

2. Name: Naib Subedar (Retd) Krishna Kumar

Issue: Non-payment of family pension after the demise of spouse. Resolution: Family pension sanctioned and disbursed within 1 week after review.

Feedback: "The process was stuck for so long, and my family was in dire straits. DESW's intervention provided immediate relief. Thank you!"

3. Name: Sepoy (Retd) Abdul Rahman

Issue: Discrepancy in the calculation of disability pension.

Resolution: Discrepancy rectified, and revised disability pension released with arrears.

Feedback: "I am overwhelmed by the speed and efficiency with which my case was handled. The weekly review meetings are truly benefiting veterans like me."

4. Name: Havildar (Retd) Gurpreet Singh

Issue: Delay in the grant of Invalid pension due to medical board delays. Resolution: Medical board expedited, and invalid pension sanctioned.

Feedback: "I am thankful to DESW for taking up my case and resolving it quickly. I was facing extreme financial hardship. Now I can live with dignity."

5. Name: Smt. Lakshmi Devi (Widow of Ex-Serviceman)

Issue: Delay in the release of pending Life Time Arrears (LTA).

Resolution: LTA released after intervention from DESW in the review meeting.

Feedback: "My husband served the nation with honor. I am grateful to DESW for ensuring that I receive what is rightfully mine."

6. Name: Lance Naik (Retd) Rajesh Kumar

Issue: Incorrect fixation of pension after implementation of One Rank One Pension (OROP).

Resolution: Pension re-fixed as per OROP guidelines, and arrears paid.

Feedback: "The OROP implementation was initially confusing, but DESW's intervention ensured that my pension was correctly fixed. I appreciate the efforts made on behalf of veterans."

*(Feedback received in their regional language. However, the same has been translated into English Version)

Discretionary powers in military promotions must be applied fairly and consistently: Key points of Hon'ble Supreme Court judgment

A landmark decision from the Supreme Court of India reinforces that discretionary powers in military promotions must be applied fairly and consistently. It sets a precedent for reconsideration where unequal treatment is evident. The decision promotes transparency and accountability in the Armed Forces' personnel processes.

Issue

The central issue in this case was whether the consistent denial of promotion to Lt. Col. N.K. Ghai to the rank of Colonel, despite his service record and multiple complaints, was legally sustainable, especially when another officer (Respondent No. 2), who was similarly graded, was subsequently promoted after intervention by the Chief of Army Staff (COAS). The appellant sought a direction to be promoted with all consequential benefits and questioned the legality and fairness of the grading and selection procedures adopted by the Army Selection Board.

Factual Background

Lt. Col. N.K. Ghai was commissioned into the Territorial Army (TA) on 14 March 1978. He rose to the rank of Time Scale Major in 1991 and was promoted to Selection Grade Lieutenant Colonel in 1996. Between 2000 and 2003, he was considered five times by the No. 3 Selection Board for promotion to the rank of Colonel but was never empanelled. Aggrieved by repeated denials, Lt. Col. Ghai filed several statutory and non-statutory complaints regarding Annual Confidential Reports (ACRs) and non-empanelment decisions.

He had some success: one ACR from 1998 was redressed, but his primary grievance—non-promotion—remained unresolved. His statutory complaint filed in January 2002 was ultimately rejected by a speaking order dated 28 April 2006. Dissatisfied, he filed a writ petition in the Delhi High Court, which was transferred to the Armed Forces Tribunal (AFT), New Delhi.

In his petition, Lt. Col. Ghai made several wide-ranging prayers, including directions for promotion to Colonel and Brigadier ranks, setting aside certain ACRs, questioning the validity of disciplinary actions (reproof), and seeking inquiries into the re-commissioning and promotion of Respondent No. 2.

The AFT, in its judgment dated 2 November 2017, upheld the rejection of his promotion, finding no irregularity in the grading or selection process. The appellant then approached the Supreme Court.

Reasoning

The Supreme Court, after hearing the appellant (in person) and the Additional Solicitor General for the Union of India, focused on the selection process and differential treatment between the appellant and Respondent No. 2. As per Defence Services Regulations (DSR), Selection Board recommendations are subject to approval or modification by the COAS under Paragraph 108(d) and (e). Sealed documents showed that while the appellant received a consistent 'Z' grading (unfit for promotion) from 2000 to 2003, Respondent No. 2—also initially graded 'Z'—was later upgraded to 'B' by the COAS and promoted.

The Court held that this unequal treatment warranted reconsideration of the appellant's case. It directed the COAS to re-examine the appellant's grading from the June 2001 Selection Board. If upgraded, the appellant's promotion claim would be processed with notional benefits. The Court, however, upheld the rest of the Tribunal's findings and declined to entertain wider reliefs related to ACRs and policy issues.

Conclusion

The Supreme Court allowed the appeal partly, directing that the grading of Lt. Col. Ghai from the June 2001 selection process be reconsidered by the COAS within three months. Any upgradation in grading would entitle him to notional promotion and consequential benefits. Other claims and prayers were not entertained.

Case Title : Supreme Court judgment in Lt. Col. N.K. Ghai (Retd.) vs. Union of India , [Civil Appeal No. 4653 of 2018] J. (Abhay S. Oka), J. (Ujjal Bhuyan), May 21, 2025

KENDIRYA SAINIK BOARD

MAJOR CSR CONTRIBUTORS IN ARMED FORCES FLAG DAY FUND (AFFDF) IN FY 2024-25

S No	Name of Donor	Amount (Rs Crore)
1	REC Foundation	16.5
2	SBI	10
3	General Insurance Corporation	5.5
4	Sun Foundation	3.5
5	IRFC	3
6	Brahmos Aerospace Ltd	2
7	ECGC Limited	2
8	Culvermax Entertainment (Sony)	1.52
9	LIC GJF	1.5
10	ABB India Foundation	1
11	IDBI Bank	1
12	J&K Bank	1
13	Container Corporation of India	1
14	Gemini Edibles & FAT limited	0.75
15	National Assets Reconstruction Coy Ltd	0.7
16	BEL	0.5
17	Bharat Electronics Limited	0.5
18	LIC Pension Fund Ltd	0.5
19	PEHEL Foundation	0.45
20	Yes Bank	0.36
21	Rising sun Films Pvt Ltd	0.27
22	Broadcast Auidance	0.26
23	HPCL (Hindustan Petro Corp Ltd)	0.25
24	Export Import Bank	0.24
25	Convergent Technology India Pvt Ltd	0.2
26	Zoom Communication	0.18
27	NLC India Ltd Neyveli	0.15
28	Sanzyme Biologics Pvt Ltd	0.14
29	Power Exchang India Ltd	0.12
30	SPJ Infrastructure	0.11

S No	Name of Donor	Amount (Rs Crore)
31	Ratnamani Metals	0.11
32	Aurobindo Pharma Foundation	0.1
33	Sanzyme Biotech	0.1
34	Indraprastha Developers	0.1
35	Pratham EPC Proj	0.08
36	Kanti sweets Pvt Ltd	0.07
37	Uranium Corporation of India Ltd	0.07
38	Cochin Shipyard	0.05
39	Vardhaman Textiles Ltd	0.05
40	LIC Housing Finance	0.04
41	Orra Fine Jwellery Pvt Ltd	0.04
42	KaramyogiBharat	0.04
43	CRMIT Solutions Pvt Ltd	0.03
44	Celebi NAS Airport Ser Ind Pvt Ltd	0.03
45	TGGENCO	0.03
46	Gliders India Ltd	0.03
47	ITI Limited	0.02
48	HPCL	0.02
49	Jute Corporation	0.02
50	Cochin Port authority	0.01
51	CDET Explosive Indu Pvt Ltd	0.01
52	Indian Overseas Bank	0.01
53	Keyaram Developers	0.01
	Total	56.27

"We extend our heartfelt gratitude to the donors for their generous contribution to the Armed Forces Flag Day Fund. Their support plays a crucial role in providing aid to our brave servicemen and women, veterans, and their families. By participating in our Corporate Social Responsibility initiative, the organisation demonstrate a profound commitment to our nation's heroes who have selflessly dedicated their lives to safeguarding our freedom and security.

Together, we can make a significant difference in their lives, offering them the respect, care, and support they truly deserve."

Secy AFFDF

STATEWISE LIST OF SAINIK REST HOUSES (SRH)

Ser	State	No. of SRH	Details		
1	ANDHRA PRADESH	8	Anantapuramu, Kadapa, Guntur, Kakinada, Kurnool, SPS Nellore, Visakhapatnam, Vizianagaram		
2	ARUNACHAL PRADESH	0	Nil		
3	ASSAM	7	Guwahati, Cachar, Jorhat , Dima Hasao Haflong, Karbi Anglong,Dhubri and Mangal Dai		
4	BIHAR	8	Bhagalpur, Bhojpur, Chapra, Munger, Gaya, Katihar, Motihari and Patna (Danapur Cantt)		
5	CHHATTISGARH	6	Raipur, Bilaspur, Durg, Rajnandgaon, Jashpur and Jadalpur		
6	DELHI	1	Naraina Delhi		
7	GOA	0	Nil		
8	GUJARAT	4	Ahmedabad, Rajkot, Vadodara and Surat		
9	HARYANA	29	Ambala Cantt, Ambala City, Ateli, Bahadurgarh, Bhiwani, Charkhi Dadri, Faridabad, Gohana, Gurgaon, Hisar, Jhajjar, Jind, Kaithal, Kanina, Karnal (Old), Karnal (New), Kosli, Kurukshetra, Loharu, Mohindergarh, Narnaul, Panipat, Punchkula, Rewari, Rohtak (Old), Rohtak (New), Sirsa, Sonepat and Yamuna Nagar		
10	HIMACHAL PRADESH	24	Bilaspur, Ghumarwin, Chamba, Chowari, Hamirpur, Sujanpur Tihra, Dharamshala, Dehra, Jawalamukhi, Kangra, Nurpur, Palampur, Kulli Keylong, Mandi, Sarkaghat, Nahan, Poanta, Shimla, Rekong Peo, Matiana, Solan, Parwanoo and Una.		
11	JAMMU & KASHMIR	14	Jammu, Samba, Kathua, Basohli, Udhampur, Ram Nagar, Reasi, Doda, Kishtwar, Poonch, Kupwara, Srinagar, Rajouri & Akhnoor		
12	JHARKHAND	5	Chaibasa, Dumka , Hazribag, Gumla and Ranchi		
13	KARNATAKA	10	Bangalore, Belgavi, Athali (Belgaum), Dharwad, Bijapur, Karwar, Madikeri, Mysore, Shimoga, and Mangalore		
14	KERALA	7	Alappuzha, Ermakulam, Kozhikode, Thalappady, Malappuram, Toothole & Thiruvananthapuram		
15	MADHYA PRADESH	17	Bhopal, Indore, Gwalior, Jabalpur, Sagar, Bhind, Morena, Chhindwara, Hoshangabad, Rewa, Satna, Ratlam, Khandwa, Ujjain, Betul, Sidhi & Narsinghpur		
16	MAHARASHTRA	30	Sawantwadi, Mahad, Poladpur, Mangaon, Gondhalpada – Alibag, Ratnagiri, Burumtali, Naupada, Sinhgarh, Ajankitata, Sangli, Kolhapur, Solapur, Pandharpur, Nashik-O2, Malegaon, Ahmednagar, Shrigonda, Dhule, Nagpur, Amaravati, Akola, Buldhana, Yavatmal, Osmanabad, Aurangabad, Jalgaon, Nanded, and Jalna		
17	MANIPUR	0	NIL		
18	MEGHALAYA	0	NIL		
19	MIZORAM	2	Aizawl and Lunglei		
20	NAGALAND	7	Dimapur, Mokokchung, Wokha, Zunheboto, Phek, Tuensang and Jaluki		
21	ORISSA	3	Cuttack, Bhubneshwar and Berhampur		
22	PUNJAB	16	Amritsar, Bathinda, Faridkot, Ferozepur, Fatehgarh Sahib, Gurdaspur, Hoshiarpur, Jalandhar, Kapurthala, Ludhiana, Patiala, Ropar, Sangrur, Chandigarh, SAS Nagar and Muktsar		
23	RAJASTHAN	32	Ajmer, Beawar, Alwar, Behror, Bansur, Patel Nagar, Barmer, Bharatpur, Bikaner, Churu, Chirawa, Deedawana, Jaipur, Jaisalmer, Pokara Jhunjhunu, Jodhpur, Shergarh, Kota, Jhalawar, Nagaur, Sojat Pali, Gadka Ki Chowki, Swai Madhopur, Sikar, Neem Ka Thana, Ganganaga Udaipur, Bhim, Rajasamand, Hanumangarh, and Rajgarh		
24	SIKKIM	6	Gangtok, Namchi, Jorethang, Gyalshing, Heegaon and Singtam		
25	TAMIL NADU	8	Chennai, Coimbatore, Cuddalore, Nagercoil, Thoothukudi, Madurai, Erode & Thanjavur		
26	TELANGANA	1	Somajiguda		
27	TRIPURA	1	Agartala		
28	UTTARAKHAND	36	Almora, Chakhutiya, Bageshwar, Chamoli, Gopeshwar, Dehradun (O2), Gauchar, Lansdowne, Kotdwara, Haldwani, Pauri Garhwal, Tanakpur, Thalisain, Dhumakot, Srinagar, Pithoragarh, Munsiari, Didihat, Berinag, Champavat, Devsthal, Tehri Garhwal, Uttarkashi, Ramnagar, Rishikesh, Narendra Nagar, Rudrapur, Khatima, Haridwar, Roorkee, Rudraprayag, Ukhimath, Jamanikhal, Ghansali and Jakhol		
29	UTTAR PRADESH	56	Agra, Aligarh, Chitrakoot, Ajamgarh, Bahraich, Balia, Banda, Barabanki, Bareilly, Kasganj, Basti, Bulndshahar, Devaria, Etawah, Ayodhya, Fatehgarh, Fatehpur, Basti, Gonda, Gorakhpur, Hamirpur, Hardoi, Jalaun, Jaunpur, Jhansi, Kanpur Nagar, Khiri, Kesarbagh, Mainpuri, Mathura, Kushinagar, Mirzapur, Muzaffarnagar, Pratapgarh, Raibareilly, Rampur, Saharanpur, Shajahanpur, Sitapur, Sultanpur, Unnao, Varansi, Gaziabad, Etah, Maharajganj, Moradabad, Bijnor, Bhadohi, Kanpur Dehat, Mahoba, Badaun, Prayagraj, Meerut, Mau, Kaushambi and Balrampur		
30	WEST BENGAL	8	Kolkata, Burdwan, Midnapur, Dinajpur, Darjeeling, Kalimpong, Karseong and Bagdogra		
31	A & N ISLANDS	0	Nil		
32	CHANDIGARH	1	Sector 21 D,Chandigarh		
33	PUDUCHERRY (UT)	1	Mudayanpet		
34	LADAKH(UT)	1	Leh		
	Total	349			

PRIME MINISTER'S SCHOLARSHIP SCHEME (PMSS)

DETAILS OF BENEFICIARIES AND AMOUNT DISBURSED IN RESPECT OF PMSS DURING LAST 10 YEARS

Financial Year	No of Beneficiaries		Gender-wise scholarship paid		Total	Total Amount disbursed
	New	Renewal	Male	Female	Ιστατ	(In Rs)
2014-15	4108	7945	6064	5989	12053	30,17,33,225/-
2015-16	3992	19117	11897	11212	23109	59,10,42,675/-
2016-17	5488	5585	5581	5492	11073	28,57,18,211/-
2017-18	5235	6075	5598	5712	11310	29,15,58,030/-
2018-19	5459	7791	6636	6614	13250	34,21,96,840/-
2019-20	5028	9260	7046	7242	14288	40,15,87,204/-
2020-21	5500	5128	5185	5443	10628	35,29,71,626/-
2021-22	5488	10465	8061	7892	15953	53,23,59,623/-
2022-23	5492	10161	7746	7907	15653	52,53,55,886/-
2023-24	5497	9618	7511	7604	15115	50,55,09,398/

With effect from Academic Year 2019-20, the rate of scholarship has been increased to Rs 30,000/- per year for boys and Rs 36,000/- per year for girls.

CELEBRATION OF 11TH INTERNATIONAL DAY OF YOGA AT KSB/ RSB/ ZSB

In commemoration of the 11th International Day of Yoga on 21st June 2025, various events were conducted nation wide. The celebration was aimed at promoting physical, mental and emotional well-being amongst the staff and their families. Yoga awareness pledge was conducted and also took initiative to coordinate campaign for promotion of International Day of Yoga by the use of social media including twitter.

Few glimpses of Yoga Day event at Kendriya Sainik Board, Rajya Sainik Boards and Zila Sainik Boards.











CELEBRATION OF 11TH INTERNATIONAL DAY OF YOGA AT KSB/ RSB/ ZSB













GLIMPSE OF OUTREACH PROGRAMME BY RAJYA/ZILA SAINIK BOARDS



Interaction and outreach programme with ESM/ Widows and dependents carried out by Deputy Directors in various districts of **HIMACHAL PRADESH**. Grievances resolved in situation.

Various events carried out in districts of **GUJARAT** relating to ESM Grievances, Employment Fair, Sneh Milan for empowering Veer Naris and dependent daughters and inauguration of new office of ZSB **Sabarakantha at Himatnagar**.



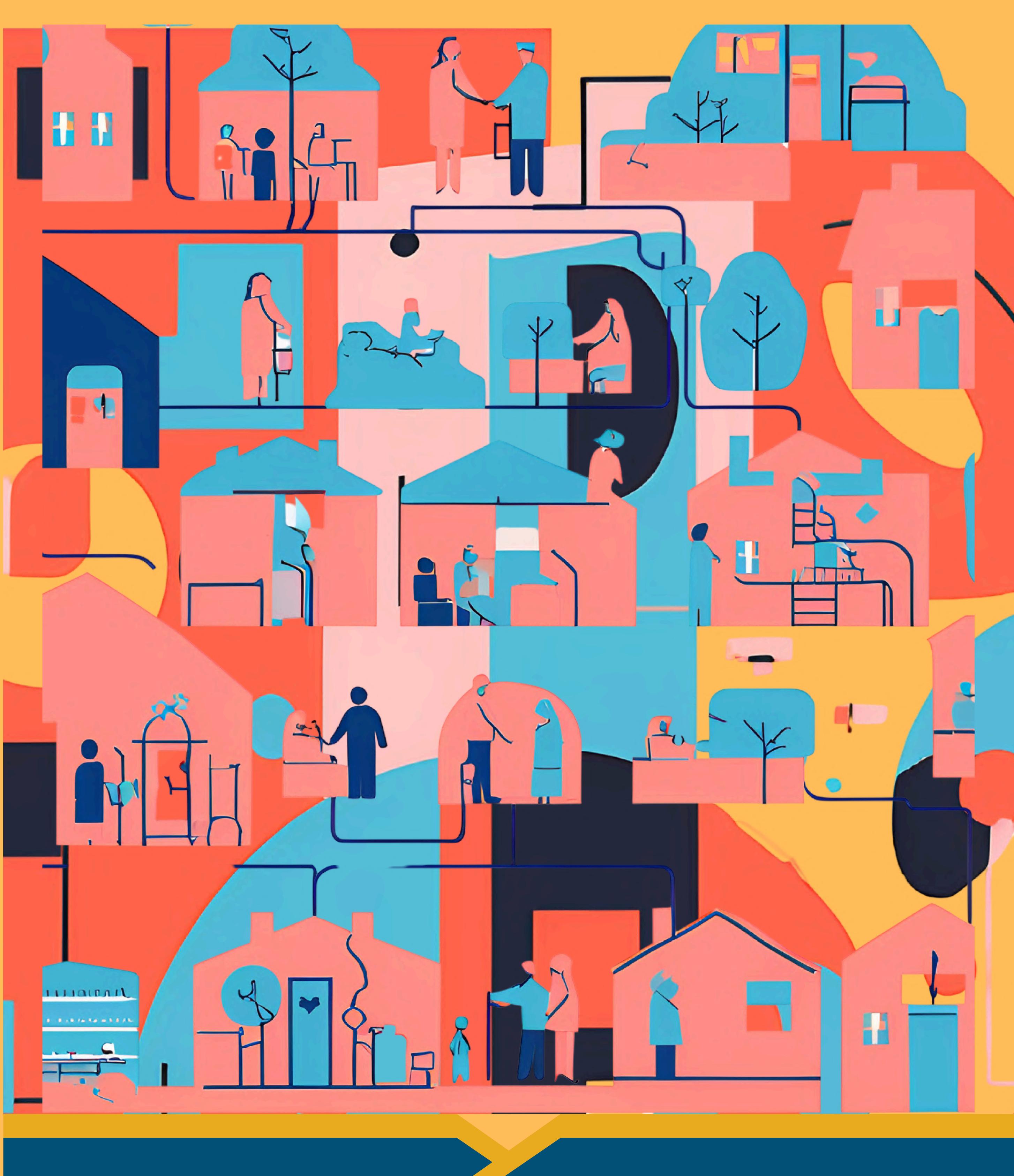
GLIMPSE OF OUTREACH PROGRAMME BY RAJYA/ZILA SAINIK BOARDS



Interaction and outreach programme with ESM/ Widows and dependents carried out by Deputy Directors in various districts of **HIMACHAL PRADESH**. Grievances resolved in situation.



The Department of Sainik Welfare is committed in taking special care of Veer Naris and families of Martyr Soldiers who have laid their lives in the Defence of the Nation. Towards this, an organisation named 'VEER RATNA Foundation' has been working with the wives and children of Jawans who are killed in action. They endeavour to empower the affected widows and children. A session with the members of the Foundation, based in Maharashtra for the Veer Naris (widows) of martyred soldiers of ANDHRA PRADESH, was held at Vijayawada on 03 Jun 25. Around 35 widows of Battle and Physical casualties accompanied by their family members attended the session.





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We welcome articles, suggestions and feedback from the readers for continuous improvement of the e-newsletter. Contact: secyesw@nic.in

Department of Ex-Servicemen Welfare

Ministry of Defence

Government of India

www.desw.gov.in